



EDUCATE • EQUIP • EMPOWER

HEALING JOURNEY WORKSHOPS

**ARE YOU AN ABORIGINAL OR TORRES STRAIT
ISLANDER WOMAN OVER 18YRS OLD?**

**Over 8 WEEKS you will learn
Forms of Abuse and Cycle of Violence**

Healthy boundaries & healthy relationships

Self Love and Respect - Making your crowns

Vision Boards - Visions, Hopes & Dreams

Trauma impacting our bodies & how to heal from it

**Workshops are run by
Aunty Edwina &
Aunty Louisa**

**Please register your interest
Starting Wednesday 16th Feb
07 3621 4302**

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