

FREE

Toolkit for Dads

A 3 hour session for men

Fatherhood
– the best
job on the
planet!

Join us to learn about:

- What gets in the way
- What to do if you lose it
- What children need
- Smarter ways to parent
- Neuroscience and kids
- Helping children thrive
- New ways to discipline
- Self-care for dads

DATES AVAILABLE in 2022

- Thursday 20th January, 9.30am - 12.30pm
- Thursday 24th February, 9.30am - 12.30pm
- Thursday 31st March, 9.30am - 12.30pm
- Thursday 28th April, 9.30am - 12.30pm
- Thursday 19th May, 9.30am - 12.30pm
- Thursday 30th June, 9.30am - 12.30pm

WHERE: 150 Rusden Street, ARMIDALE

For more information ring Facilitator on
6738 7200 or to book, please call
1800 372 826 FREE CALL

Centacare NENW acknowledges the
traditional custodians of this land and pays
respect to the elders past and present.



FAMILY
RELATIONSHIP CENTRE
HELPING FAMILIES BUILD BETTER RELATIONSHIPS.



An Australian Government Initiative



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