

FREE
help for
separated
parents

Building Connections is a program to help separated parents have healthy and strong relationships with their children.

This program covers:

- The impact of separation and conflict on children
- Ways of communicating with the other parent
- Setting goals for future parenting

DATES AVAILABLE in Tamworth for 2022:

Wednesday 9th February, 12.30pm - 3.30pm

Wednesday 16th February, 9.30am - 12.30pm

Monday 21st February, 5.30pm - 8.30pm

Wednesday 23rd February 11.00am - 2.00pm ONLINE

Wednesday 9th March, 12.30pm - 3.30pm

Wednesday 16th March, 11.00am - 2.00pm ONLINE

Wednesday 23rd March, 9.30am - 12.30pm

Monday 28th March, 5.30pm - 8.30pm

Wednesday 6th April, 11.00am - 2.00pm ONLINE

Monday 11th April, 5.30pm - 8.30pm

Wednesday 20th April, 12.30pm - 3.30pm

Wednesday 27th April, 9.30am - 12.30pm

WHERE: 201 Marius Street, TAMWORTH

For more information or to book, please call
1800 372 826 FREE CALL



Centacare NENW acknowledges the
traditional custodians of this land and pays
respect to the elders past and present.